

Bringing respect back to gym (and maybe a few more weeks of floor hockey)

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Mark: There are two seconds left on the clock... I have the puck, and I'm headed for the goal... a giant Canadian lumberjack stairs me down as I pull my hockey stick downwards and prepare for the best shot of my life... the knucklepuck. The shot goes in, and I hear the rush of the crowd. I slap sticks with Stephanie, the goalie, and we have a few celebratory shouts when something interrupts our fun... the bell. Gym is over. I've loved gym ever since we played tug-of-war in kindergarten. The occasional dodgeball games were always a fun surprise, and I never lost my love for gym until it gradually evolved into square-dancing and powerwalking. What ever happened to the good old days of middle school matball back at Wilson? Once I hit high school, I would be lucky to be apart of a few games of knockout or pounce around on the gymnastics floor before being kicked out for the day. So went the first three unbearable years of high school gym. But suddenly, a beacon of light shown off of Mr. SantAmour's whistle, and we

began our floorhockey unit.

Stephanie: Anyone who knows me will tell you that I am not the most athletic person in Early Bird P.E. Yes, I wiped out during badminton, and yes, I got a bruise. But everything changed the day I slipped on a penny with dirty, holy socks and grabbed a hockey stick... I could be amazing at gym! Finally!

After years of humiliation, being picked last, and hurting myself, I saved every puck thrown at the goal. Add a few other LO'T staffers, and Mark and I really had a great thing going with our hockey team. After an entire unit of honing my skills, I don't think it's too crazy to consider entering the LO'T Staff in the 2010 Olympics.

Those Canadians...with their slapshots and maple syrup diets...they've had it coming for awhile, and I think we are the team to overthrow their reign this time around. We plan to condition ourselves high up in the Alps, and having a healthy American diet of leftover Share Joys puppychow.

Heather, Trent, Jane, and I have decided that Mark has a great idea with this international plan. This training in the Alps may pay off,

because we could learn from some ice hockey players. I have doubts however, because I think we've learned everything we need to know from the Mighty Ducks 1, 2, and 3. We can just study the VHS tapes... but anyway. We have asked Mr. SantAmour to teach us the Flying V and he intends to buy new tube socks with better friction on the bottom... he's really being a great support system. It's a matter of the 5 S's: spin, slip, slapshot, slide, and spin.

We're a very dedicated team, but that doesn't mean our Olympic medals aren't going to be without hard work. It's going to take a lot of early morning practices. It's going to take a lot of workout montages. It's going to take a few trips up a long flight of cement stairs and pumping our fists in Rocky-like fashion. But mostly, it's going to take an immense amount of fun.

Our training will be a lot of fun because we intend to be the best team at the Olympics, and everyone knows that with fun brings success.

Guitar Hero, La Flama trips, Mighty Duck cartoon reruns, and a lot of smelly socks, will bring us friends, gold medals, and "A"s in gym.

Roses

Guitar Hero
"Shoes" video
Muffins
Block Dude
Accounting I
Betsey Johnson
Girls Basketball Team
Springtime
Valentine's Day
Snow
Movies in AP classes
Dr. Pepper machines
Floor Hockey
Bowling in gym
High-tech cell phones
Headbands
YouTube
Cupcakes
Presents
All-State Musicians
The Killers
Smokin' Aces
Conversation hearts



THORNS

Windchill
Sadie's dress shopping
Gas prices
Bandwagon Bears fans
Old cell phones
Walking in the parking lot to your car in the cold
Cold Cars
Icicles
Busywork
Waiting for April 1st
Waiting for transcripts
44 Days until PSAE
Sadie's date finding
Being sick
Cars with 2-wheel drive
50 days until Spring
Break
Punctuation
Math homework
Lack of field trips
Car wrecks
Awkward moments

Don't let a hot date



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